

Human Health Science

*Information subject to change

First Year	FALL			SPRING		
	COURSE #	COURSE TITLE	HRS	COURSE #	COURSE TITLE	HRS
	WVS 101	World View Seminar I	3	WVS 201	World View Seminar II	3
	HWS 100	Intro. to Health, Wellness & Sport	2	HWS 221	Family & Community Health	3
	BIO 145	Intro. to Human Anatomy & Physiology I	4	BIO 146	Intro. to Human Anatomy & Physiology II	4
	MATH 112	College Algebra	3	SOC 111,112/PSY 110	Intro. to Soc./Cont. Soc. Prob./Intro. Psych	3
		Gen. Ed.	3		Gen. Ed.	3
		FALL TOTAL	15		SPRING TOTAL	16
		CUMULATIVE TOTAL	15		CUMULATIVE TOTAL	31

Second Year	FALL			SPRING		
	COURSE #	COURSE TITLE	HRS	COURSE #	COURSE TITLE	HRS
	HWS 246	Human Nutrition	3	HWS 301	Biomechanics	3
	HWS 241	Human Anatomy & Kinesiology	3	HWS 311	Geriatrics	3
	SOC 111,112/PSY 110	Intro. to Soc./Cont. Soc. Prob./Intro. Psych	3	PRF 201	Career Development Strategies	1
		Gen. Ed.	3		Gen. Ed.	3
			3		Gen. Ed.	3
					Gen. Ed.	3
		FALL TOTAL	15		SPRING TOTAL	16
		CUMULATIVE TOTAL	46		CUMULATIVE TOTAL	62

Third Year	FALL			SPRING		
	COURSE #	COURSE TITLE	HRS	COURSE #	COURSE TITLE	HRS
	PHY 151	General Physics I	4	PHY 152	General Physics II	4
	MATH 230	Intro. to Statistics	3	CIS 162	Fundamentals of Excel	1
	CHM 111	General Chemistry I	4	CHM 112	General Chemistry II	4
	CIS 152	Digital Document Development	1		Gen. Ed.	3
		Gen. Ed.	3		Gen. Ed.	3
		FALL TOTAL	15		SPRING TOTAL	15
		CUMULATIVE TOTAL	77		CUMULATIVE TOTAL	92

Fourth Year	FALL			SPRING		
	COURSE #	COURSE TITLE	HRS	COURSE #	COURSE TITLE	HRS
	HWS 401	Exercise Physiology	3	HWS 495	Senior Seminar	2
	BIO 211	Anatomy & Physiology I	4	PSY 227	Adult Development & Aging	3
	HWS 341	Prevention & Care of Athletic Injuries	3	BIO 212	Anatomy & Physiology II	4
	CIS 142	Tech. Tools for Presentations	1		Gen. Ed.	3
		Gen. Ed.	3		Electives	2
		FALL TOTAL	14		SPRING TOTAL	14
		CUMULATIVE TOTAL	106		CUMULATIVE TOTAL	120

General Education Requirements to be taken when "Gen. Ed." is listed (11 courses): COM 101, ENG 101, ENG/RES 104, Env. Stewardship, Intercultural Engagement, Literature, Fine & Performing Arts, Judeo Christian Traditions, Hist./Phil./Politics, Physical Wellness (2 cr. + 1 cr.), Personal/Fin. Stewardship

Suggestions:

*Must earn a "C" or better in BIO 145, CHM 111, HWS 241